

**WJU**  
**Week One**

<b>Lunch</b>		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stock Pot								
<b>Soup</b>	<b>1</b>	Chicken Noodle	Chicken Rice	Beef Noodle	Beef Barley	Chicken Noodle	Chef's Choice	Chef's Choice
<b>Soup</b>	<b>2</b>	Stuffed Pepper	Kale, Chrizo, Potato Soup	Italian Wedding Soup	Cream of Asparagus	New England Clam		
<b>Soup</b>	<b>3</b>	Veg and Herb Chowder	Roasted Red Pepper	Veg. Vegetable Soup	Tomato Basil	Veg. Kale Soup		
<b>Breakfast</b>			<b>Breakfast Bowl</b>					
<b>Meat</b>	<b>1</b>	Ham	Sausage Gravy/Biscuit	Bacon	Sausage Patty	Sausage Link	Turkey Bacon	Ham
<b>Griddle</b>	<b>2</b>	Pancakes	Crumbled Sausage	Blueberry Pancakes	Baked French Toast	Pancakes	Captn. Crunch French	Chocolate Chip Pancake
<b>Starch</b>		Home Fries (Bakers)	Home Fries/ Onions/Pepper	Cheesy Potatoes	Tots	Potato O'Brien	Cheesy Potatoes	Tots
<b>Egg</b>		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Breakfast Slider	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
		Oatmeal Bar	Grits Bar	Overnight Oats	Oatmeal Bar	Grits Bar	Overnight Oats	Oatmeal Bar
<b>Lunch</b>								
<b>Entrée</b>	<b>1</b>	Pulled Pork	Chicken Stir-fry	Sloppy Joes	Kentucky Hot Brown	Fried Fish	Grilled Chicken Breast	Hamburger Casserole
<b>Entrée</b>	<b>2</b>	Buffalo Chicken Pasta	Vegetable Lo Mein	Pierogies	Baked Ziti	Mac and Cheese	Veg. Du Jour	Veg Du Jour
<b>Starch</b>		Cajun Potatoes	White Rice	Spicy Potatoes	Potato Wedges	Sweet Pot French Fries		
<b>Vegetable</b>	<b>1</b>	Broccoli and Cauliflower	Snap Peas	Butternut Squash	Cauliflower	Mushroom		
<b>Vegetable</b>	<b>2</b>	Roasted Edamame	Parsnips	Peas	Kale	Tomato and Pepper		
<b>Whole Body</b>		Cheese Enchilada	Zucchini Parmesan	Portabella Mushroom	Ratatouille	Sicilian Cous Cous		
			Chip	Caprese				
<b>Bravo</b>								
		Greek Salad	Tortellini Primavera	Szechuan Veg Stirfry	Buffalo Chicken Wrap	Peanut Butter Jelly Bar	Closed	Closed
		Mexican Bowl	Egg Roll in a bowl	Pasta Asiago	French Fry Bar	Closed	Closed	Closed
<b>Grill Special</b>								
		Grill Option	Grilled Italian Sand	Handbread/Grill Chix	Grill Option	Grill Option	MTO Eggs	MTO Eggs
		Turkey Burger Bar	Grill Option	Grill Option	Grilled Caesar Salad	Reuben Bar		
<b>Salad Special</b>								
		Fruit and Yogurt	Fruit and Yogurt	Fruit and Yogurt	Fruit and Yogurt	Fruit and Yogurt	Fruit and Yogurt	Fruit and Yogurt
<b>Baker's Special</b>								
		Donut Holes	Scone Bites	Mini Muffins	Asst. Donuts	Coffeecake		
<b>Pizza</b>								
		Pizza/ Pasta	Garlic Tomato Flatbread	Stuffed Peppers	Pizza/Pasta	Pizza/ Pasta		
		Mac and Cheese Bar	Pizza/Pasta	Pizza/Pasta	Individual Pot Pie	Closed		
<b>Dinner</b>								
<b>Parkside Diner</b>								
<b>Entrée</b>	<b>1</b>	Lemon Rosemary Chix	Carved Eye of Round	Cajun Pork loin	Grilled Chicken	Carved Ham	Chicken Lasagna	Chicken Tenders
<b>Entrée</b>	<b>2</b>	Pasta with Mozz. & Tom.	Roasted Red Pepper Pasta	Jambalaya	Sundried Tomato Pasta	Shrimp, Tom, Spinach P	Pork Chulupa	Spag w/marinara
<b>Starch</b>		Sweet Potatoes	Mashed Potatoes	Egg Noodles	Basmati Rice	Scalloped Potatoes	Brown Rice	Garlic Mashed Potatoes
<b>Vegetable</b>	<b>1</b>	Green Beans	Cauliflower	Broccoli	Sautéed Spinach	Green Peas	Corn	Honey Glazed Carrots
<b>Vegetable</b>	<b>2</b>	Yellow Squash	Roasted Beets	Rst. Cherry Tomato	Eggplant	Roasted Vegetable	Mushroom, Peppers	Edamame
<b>Whole Body</b>		Spaghetti Squash	Broccoli Rice	Tofu Fajitas	Meatless Taco	Eggplant and Zucchini	Ricotta Stuffed Bell	Quinoa Cranberry
		and Marinara	Casserole			Casserole	Peppers	Squash Pilaf